



# Year 3

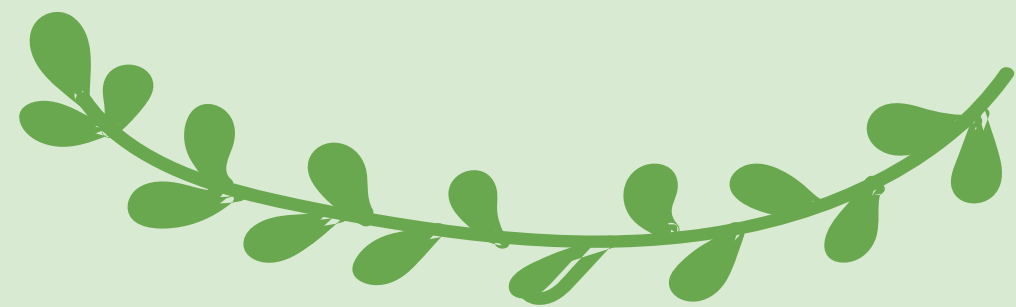
## Autumn

## Term 1

# Curriculum News

Our theme this half term is:

### Brilliant Bodies



### General Information

#### Welcome to Year 3!

- We will start our year with our Oakfield Senedd Elections, and making our Class Charter.
- This half term we will be understanding how our bodies work and how to keep them healthy, learning about nutrition, hygiene, and exercise.
- We will be designing healthy meals and learning about the importance of bones and muscles.

### LLC

#### Focus writing: Instructions

- **Skills:** Numbered steps or bullet points, time connectives, simple instructions, precise instructions, chronological order, bossy/imperative verbs.
- **Reading:** Reading out loud, paying attention to grammar and identifying topics/themes of the text

- **Cymraeg:** Greetings and Introducing ourselves

**Beth ydy dy enw di? - What is your name?**

\_\_\_\_\_ ydw i. - I am \_\_\_\_

**Faint ydy dy oed di?- How old are you?**

Dw i'n \_\_\_\_\_ oed. - I am \_\_\_\_.

### Maths

#### Place Value

Represent numbers to 100  
 Partition numbers to 100  
 Number line to 100  
 Hundreds  
 Represent numbers to 1,000  
 Partition numbers to 1,000  
 Flexible partitioning of numbers to 1,000

#### Addition & Subtraction

Apply number bonds within 10  
 Add and subtract 1s  
 Add and subtract 10s  
 Add and subtract 100s  
 Spot the pattern

### Health and Wellbeing

#### Being Me In My World

I recognise my worth and can identify positive things about myself and my achievements, set personal goals, face new challenges positively, make responsible choices and ask for help when I need it. I understand why rules are needed and how they relate to rights and responsibilities.

- **Coordination & Balances:** footwork & one leg balances
- **Jumping and Landing; Seated balance**  
Applying footwork and one leg balance through focused skill development sessions, cooperative games and Personal Best challenges.

### Science and Technology

#### Nutrition and Diet

Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat. Identify that humans and some other animals have skeletons and muscles for support, protection and movement

#### Coding

We will be using flowcharts to plan our coding activities as well as designing, testing, coding and debugging using the Sphero Indis.

#### Online Safety

Understand how to protect ourselves from online identity theft. Understand that information put online leaves a digital footprint or trail. Identify risks and benefits of installing software. Identify actions to report and prevent cyberbullying.

### Expressive Arts

#### Drawing

Mark making, continuous line drawing.

#### Colour Theory

Secondary colours and where colours are placed on the colour wheel and use white to create a tint.

### Humanities

#### Identity

Discuss what can form our identity and how these influence people and their communities.

#### Explore

Religious symbols, beliefs and practices regarding Judaism. We will be exploring World Traditions.

### Home learning

- Weekly reading, Spelling and Times Table practise
- Write a set of instructions, or design a poster explaining how to wash your hands properly.
- Create your own exercise warm-up for us to use in our next P.E sessions
- Use Welsh phrases with family and friends
- Design a healthy meal
- Create a piece of artwork based on your Brilliant Body

